

Scottish Road Research Board

THE EFFECT OF ROAD ROLLING RESISTANCE ON CARBON EMISSIONS

- Literature Review



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- Literature Review

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EXECUTIVE SUMMARY

The Scottish Government has set climate change ambitions to become a net zero greenhouse gas emitting nation by 2045. In 2021, Scotland's largest source of net emissions was from domestic transport and this sector is regarded to be a key area where carbon emissions can be reduced. There has been an increased interest worldwide to understand how rolling resistance, the interaction between vehicle tyres and the road pavement, affects carbon emissions. WSP were commissioned by the Scottish Road Research Board to undertake an international literature study of published work relating to rolling resistance. The literature review is intended to be part of a scoping exercise to assess the potential benefits of specifying a pavement with low rolling resistance and to inform future research needs.

The literature review provides some background to rolling resistance or rolling friction and how it is currently measured. The study then reviews research that focusses on how road properties affect rolling resistance; the development of low rolling resistance materials; carbon savings related to low rolling resistance, safety concerns and particulate emissions. The research is discussed and the main findings are summarised. Some of the principal findings included the following:

- The primary causes of rolling resistance are thought to be associated with deformations of the tyre and pavement. These deformations result in energy losses that are dissipated in the form of heat.
- Determining the coefficient of rolling resistance (*Cr*) is both complex and challenging, particularly in a live road environment where the properties of the touching surfaces are constantly changing.
- A review of papers on measurement methods suggests that they are still in their infancy and require development. Standards exist for testing tyres but they are viewed to have serious drawbacks as they do not consider the fact that rolling resistance is dependent on a tyre-road interaction.
- It is often difficult to separate the influences of the tyre and the pavement, but the relative contribution of the tyre to reducing rolling resistance appears to be more significant than what can be achieved through changes to the road pavement.
- The main surface-related factor that influenced Cr in a major study was surface profile irregularities in a wavelength range between macrotexture and unevenness, namely megatexture.
- One of the main factors affecting rolling resistance is the ambient air temperature as it affects both the tyres and pavement; the presence of water or snow on the surface increases rolling resistance.
- Trials to develop mixtures that reduce rolling resistance have shown that they can reduce rolling resistance by around 5 to 6%, which roughly translates to 1.5% saving in fuel consumption. However, further monitoring is required to validate results and better understand the degradation of *Cr* in service.

- One socio-economic study estimated savings in fuel consumption over 15 years as large as the entire cost of maintaining the pavement. However, other studies cast caution on this type of approach as it is very sensitive to the level of pavement condition and its deterioration rate over time.
- Road trials in Denmark highlight that low rolling resistance mixtures can be more slippery in the beginning compared to standard materials and they need to be monitored to ensure adequate friction is being provided.
- Research into particulate emissions indicate that tyre wear is of particular concern and work is ongoing to reduce wear rates and the toxicity of components that go into tyre construction.
- From a pavement perspective, tyre wear is affected by the level of microtexture provided by the surface aggregate. Although there may be scope to reduce the level of microtexture, a fine balance needs to be struck to ensure that pavements are safe for all road users, particularly under wet conditions.

The literature review shows that it is desirable to specify roads that have a low rolling resistance, but that the properties of pavement are likely to play a relatively minor role when compared to other initiatives such as new vehicle propulsion systems and advances in tyre technology. Measuring the rolling resistance is challenging but it is clear that it is related to the smoothness of a pavement. The latter is likely to bring additional benefits, such as: improved longevity or durability; less wear and tear on vehicles; reduced maintenance costs; and provide a more comfortable ride for road users. Finally, the study makes some recommendations with a view to addressing gaps in research and reducing the rolling resistance of roads.

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INTRODUCTION

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1 INTRODUCTION

1.1 BACKGROUND

The Scottish Government has set climate change ambitions to become a net zero greenhouse gas (GHG) emitting nation by 2045^1 . This ambitious target requires a collective effort from all corners of society and carbon saving opportunities are being explored to meet this goal. The transportation sector is responsible for a significant share of CO_2 emissions and is regarded as one of the key areas where carbon emissions can be reduced.

There has been a growing interest worldwide to understand how rolling resistance affects carbon emissions. It is understood that by reducing the rolling resistance of road surfaces, vehicle fuel consumption can be lowered and hence CO_2 emissions. In theory, small reductions in rolling resistance, particularly on busy roads, could result in a significant reduction in carbon emissions. However, the measurement and modelling of rolling resistance is known to be complex and a balance needs to be struck between the investment or cost of specifying new materials versus potentials savings in CO_2 emissions. Similarly, possible side effects of reducing rolling resistance need to be considered to ensure road safety is not compromised.

1.2 SCOPE

The Scottish Road Research Board (SRRB) commissioned WSP to undertake an international literature study of published work relating to rolling resistance. The study is regarded as a scoping exercise to understand the potential benefits of developing this area of interest and whether additional work is required.

The brief requires a search to be undertaken for papers and articles that relate to the following areas:

- Road surfaces with low rolling resistance.
- Lower fuel consumption and carbon savings related to low rolling resistance.
- Pros and cons associated with specifying low rolling resistance, including safety issues.
- Particulate emissions.
- Level or scale of reductions that may be achievable.

¹ Scottish Government (2023). Open Government action plan 2021 to 2025 - commitment 4: climate change. [Link]



LITERATURE REVIEW

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2 LITERATURE REVIEW

2.1 INTRODUCTION

This introductory section is intended to summarise the background principles of friction, including rolling resistance, and some of the commonly used terms associated with the subject.

2.1.1 FRICTION

Friction is the resistance to motion of one object moving relative to another. Scientists believe it is the result of the electromagnetic attraction between charged particles in two touching surfaces². There are two main types of friction: static and kinetic. The former operates between two surfaces that aren't moving relative to each other and is the force that keeps a box on an incline from sliding to the bottom. Kinetic friction can be broken down into two types: sliding and rolling friction.

In terms of tyre-pavement interactions, vehicles consume fuel in order to overcome different types of friction or resistance. Figure 2-1 shows how different types of friction are generated when a force is applied to an object at rest. Static friction has a greater value than kinetic friction as there is much more inter-molecular attraction when an object is at rest as opposed to moving. As the force is increased a point is reached, known as the limiting friction, where the object begins to move. The value of kinetic friction will depend on the area of contact between the two surfaces. It should be noted that rolling friction is much weaker than sliding or static friction. In the case of when brakes are applied to a moving vehicle, then the rolling friction ceases and sliding friction comes into play.



Figure 2-1 - Different types of friction³

² Live Science (2022) [Link]

³ Sciencetopia (2023) [Link]

2.1.2 ROLLING RESISTANCE

Rolling resistance or rolling friction is the weakest type of friction. This fact was exploited by ancient Egyptians as part of making their pyramids. Rollers, which are basically a variation of a wheel, were used as a friction-reducing device to facilitate the movement of heavy objects along the ground.

Wheels reduce friction by allowing the contacting surfaces to roll rather than to drag or slide over each other. The amount of rolling friction developed is dependent on a range of factors such as the properties of the wheel, surface, vehicle load, speed, etc. The primary causes are thought to be associated with deformations of the tyre and pavement. These deformations result in energy losses that are dissipated in the form of heat during the rotation of the wheel.

Rolling resistance can be expressed by the generic equation shown in Figure 2-2.





2.1.3 COEFFICIENT OF ROLLING RESISTANCE

The coefficient of rolling resistance (*Cr*) is the ratio of the rolling resistance force to the total weight of a vehicle. It provides an indication of how great the rolling resistance is for a given weight between the wheel and the surface upon which it is rolling. Determining the value *Cr* is complex, particularly in a road environment where the properties of the touching surfaces are constantly changing. For example, factors such as temperature, tyre pressure, speed, road smoothness and gradient all have an effect on rolling resistance. Figure 2-3 provides an example of how the

coefficient of rolling resistance changes with tyre pressure and speed⁴. It can be seen that *Cr* decreases with increasing tyre pressure but increases with speed.



Car Tires

Figure 2-3 - Influence of wheel pressure & speed on rolling resistance coefficient (*Courtesy* of Engineering ToolBox⁴)

2.1.4 MEASURING ROLLING RESISTANCE

The Forum of European National Highway Research Laboratories (FEHRL) commenced a project on vehicle rolling resistance in 2010⁵. The project spanned six years and was known by the acronym MIRIAM: Models for rolling resistance In Road Infrastructure Asset Management systems. The overall aim of MIRIAM was to provide information useful for achieving a sustainable and environmentally friendly road infrastructure. More specifically, the study focussed on developing models that could forecast and reduce the amount of CO2 emitted by vehicle rolling resistance in relation to pavement type and condition.

The measurement of rolling resistance is difficult and requires the use of specialist equipment that needs to be operated by skilled and experienced staff. As a result, it is only ever carried out on small parts of the road network. For road management purposes, it is not practical to base decisions on direct measurements of rolling resistance. One of the main concepts behind the MIRIAM project was

⁴ The Engineering ToolBox [Link]

⁵ FEHRL [Link]

to be able to predict rolling resistance from road pavement parameters that are already collected for most of the road network, such as texture, unevenness, stiffness and road topography.

The first output of the MIRIAM study⁶ was to provide knowledge on the tyre and road interaction which relates to rolling resistance, and to provide a state-of-the-art knowledge about the measurement methods and equipment. The study grouped measurement methods into four general categories:

- Laboratory drum method;
- Trailer method;
- Coast-down method; and
- Fuel consumption method.

2.1.4.1 Laboratory Drum test

The laboratory drum test is based on an international standard (ISO 28580:2018)7 and specifies methods for measuring rolling resistance, under controlled laboratory conditions. The standard is for new pneumatic tyres designed primarily for use on passenger cars, trucks and buses. The method enables comparisons to be made and can therefore rate the rolling resistance of new test tyres. An advantage of this method is that it excludes various factors that influence the rolling resistance of a tyre. However, the main disadvantage is that the test surfaces do not resemble the road surface conditions that can be expected to be encountered on an actual road. An example of a laboratory drum test is shown in

Figure 2-4.



Figure 2-4 - Tyre rolling resistance system (Courtesy of MTS Systems)

⁶ MIRIAM_SP1_01 (2011) [Link]

⁷ ISO 28580:2018 [Link]

2.1.4.2 Trailer Method

The trailer method is a method where rolling resistance measurements are made with a test tyre or tyres. The trailers may be designed either for passenger car tyres or for heavy truck tyres. The measurement may be made by measuring increases in torque, or the angle by which the tyre vertical support is displaced.

A trailer developed by the Technical University of Gdansk (TUG) participated in the MIRIAM project and was considered to show good repeatability. It is now regarded to be one of the most used trailers in Europe for measuring rolling resistance. It was used to measure the rolling resistance of test sections in a study for the Danish Road Directorate⁸ in 2018 and to evaluate the performance of low rolling resistance materials for Highways England⁹ in 2019. The trailer shown in Figure 2-5 is configured in a way that influences from factors such as road inclination and longitudinal acceleration are eliminated.



Figure 2-5 - TUG tyre/road rolling resistance measurement (Courtesy of Vejdirektoratet⁸)

2.1.4.3 Coast-down Method

The coast-down method is now a standardised automotive test¹⁰ which measures the speed profile and distance travelled while a vehicle coasts down from 75 to 5 mph. It was originally designed to estimate the aerodynamic resistance to the motion of a selected test vehicle, but was subsequently adapted to estimate rolling resistance. The coast-down method involves accelerating a vehicle to a certain speed between defined start and end points, and then to let it roll freely in neutral gear. As the vehicle slows down the speed is measured continuously along the road section. Normally, measurements are made in both directions on the road, to average out influences such as gradient and wind. Advantages of the method are that it may be performed with heavy or light vehicles and that wheel suspension losses can also be measured. The method requires careful measurement and analysis to separate the contributions of the different resistances acting on the test vehicle.

⁸ Climate friendly asphalt, Vejdirektoratet [Link]

⁹ Low rolling resistance trial. Unpublished Report 60610780, AECOM (2020).

¹⁰ SAE, J1263_201003 [Link]

2.1.4.4 Fuel Consumption Method

An indirect way to measure rolling resistance is to measure fuel consumption and, by means of some model, estimate the rolling resistance. Typically a test vehicle would be fitted with specialist equipment to measure vehicle speed, ambient air, fuel and engine temperatures. Wind speed and direction at some point near the vehicle also needs to be measured as it could affect results. Fuel consumption methods are sensitive to driver behaviour, or the efficiency of cruise control systems, as these are potential error sources.

2.1.4.5 Measurement summary

A review of papers on measurement methods for rolling resistance suggested that they are in their infancy and still under development. Standards exist for testing tyres but they are viewed to have serious drawbacks as they do not consider the fact that rolling resistance is dependent on a tyre-road interaction.

2.2 PAVEMENT PROPERTIES AFFECTING ROLLING RESISTANCE

As stated earlier, rolling resistance is a result of an interaction between tyre and pavement and it is often difficult to separate the influences of the tyre and the pavement. In relation to what can be done in a road management context, this section reviews research that focusses on the road surface properties that affect rolling resistance. However, it should be noted briefly, that the contribution of the tyre should not be underestimated. Manufacturers of bicycle, car and truck tyres, are increasingly promoting the use of low rolling resistance tyre technology.

A recent independent study conducted for Highways England⁹ highlighted the influence of tyre selection in reducing rolling resistance. The road trial was designed to evaluate the performance of low rolling resistance asphalt mixtures and utilised the Trailer Method. The TUG trailer collected *Cr* measurements and showed that the biggest variations were due to changes in tyre type rather than pavement characteristics. The study drew attention to the fact that tyre selection is not currently imposed on road users and recommended that financial incentives should be considered to promote the uptake of tyres with low rolling resistance.

2.2.1 SURFACE PROFILE – TEXTURE AND UNEVENNESS

Work carried out in the 1980s by the Belgian Road Research Centre¹¹ used a rolling resistance trailer and profilometer on a wide variety of surface types and conditions. The coefficient of rolling resistance (*Cr*) was found to be between 0.013 and 0.021. The collected data was used to analyse the relation between *Cr* and surface profile. The main surface-related factor that influenced *Cr* was surface profile irregularities in a wavelength range between macrotexture and unevenness, namely megatexture, i.e. 50 mm < wavelengths < 500 mm. Figure 2-6 is an extract from the report which shows the correlation between *Cr* and roughness.

¹¹ Descornet (1990) [Link]



Figure 2-6 - Rolling resistance coefficient versus profile¹¹

The Miriam study⁶ highlighted that megatexture was likely to have a substantial influence on rolling resistance and noted that it was not measured directly, but was represented in data sets for macrotexture, as measured by mean profile depth (MPD), and unevenness as measured by the international roughness index (IRI). The MIRIAM study stated that the influence of different wavelengths in the road surface profile were likely to be a function of:

- Tyre contact patch area or contact patch length;
- tyre type and inflation (which affect the contact area); and
- vehicle dynamic parameters, such as spring constants of tyre and springs, shock absorber damping force as a function of vertical speed, etc.

Typical tyre contact area lengths are 0.15 m for a car tyre and 0.25 m for a heavy vehicle tyre, but will change with changing tyre load and with inflation. It is likely that :

- Wavelengths shorter than the length of the contact area influence Cr by a deformation of the contact area; and
- that wavelengths longer than the contact area influence Cr by effects, such as losses in the suspension, possibly due to the vertical movement of the full vehicle.

A project titled, Energy Conservation in Road Pavement Design (ECRPD)¹², utilised the coast-down method to perform experiments with both light and heavy vehicles. Based on the data collected, Figure 2-7 shows the relative contributions of air and vehicle rolling resistance.

¹² ECRPD_Final Report (2010) [Link]



Figure 2-7 - Relative contributions of air and vehicle rolling resistance (ECRPD, 2010¹²)

Some important observations from the figures are:

- Only the air drag and the IRI-related component mainly shock absorber losses appear to have a significant correlation with speed;
- air drag is very important for the car and less important for the truck, it starts to exceed vehicle rolling resistance at approximately 60 km/h for the car and higher than 90 km/h for the truck;
- IRI or road unevenness is more important for the truck and increases with speed.

Sandberg¹³ highlighted that a certain level of macrotexture is desirable as standing water causes the rolling resistance to increase, owing to energy consumed in the removal of water. High levels of macrotexture tend to reduce the amount of water and reduce the energy needed to remove the

¹³ Sandberg, VTI notat 53A-1997 [Link]

water from the tyre-road interface. The work highlights the balance that needs to be struck between providing adequate macrotexture and minimising rolling resistance.

2.2.2 STIFFNESS

According to Sandberg¹³ a wheel rolling along a pavement produces a bow-wave effect as the pavement surface in front of the wheel rises to relax the compression under the wheel. The magnitude and shape of this bow-wave is a function of vehicle weight, tyre characteristics, suspension system as well as pavement and subgrade stiffness. The deflection of the pavement under a loaded tyre, should also result in some energy consumption that contributes to rolling resistance.

Deflections in the road pavement, as well as the tyre, are subject to hysteresis losses. Hysteresis¹⁴ is an energy loss process associated with materials when they deform and recover under loading conditions. The energy loss is dissipated as heat. As an asphalt pavement will deflect or deform more under load than a concrete pavement it follows more energy would be lost and will increase the rolling resistance. The cement industry in the USA have made claims that concrete pavements provide less rolling resistance than asphalt pavements.

A study by TRL¹⁵ was carried out to determine whether pavement stiffness has a significant influence on the energy required to travel along a pavement. The study found that the average *Cr* for a rigid pavement was 5.6% lower than a flexible pavement. However, there was significant overlap in the data collected and the effect was not statistically significant. The study also looked at the effect of texture and it was suggested that it would be more cost-beneficial to change texture than to reconstruct pavements to increase stiffness.

2.2.3 TEMPERATURE

One of the main factors affecting rolling resistance is the ambient air temperature. It affects both the tyres and pavement. When measuring rolling resistance values are normally corrected to a reference temperature, such as 20°C for testing outdoors or 25°C under laboratory conditions⁷. It follows that to avoid large corrections, testing should be carried out as close to the reference temperature as possible.

As stated above, asphalt pavements deform more easily. This is particularly true at high ambient temperatures. However, owing to the viscoelastic nature of asphalt the deformation of the asphalt reduces with temperature.

2.2.4 WATER

The presence of water or snow on the surface increases rolling resistance. It does this in two ways by cooling the tyre and the required effort to move or shed the water at the tyre-pavement interface. Highly textured surfacing makes the removal of water easier as it reduces the water depth; increased macrotexture has the effect of providing escape channels and spaces for water. The latter

¹⁴ Wikipedia (accessed 2023) [Link]

¹⁵ Benbow *et al* (2007) [Link]

is particularly important at high speeds to prevent aquaplaning¹⁶ where there is not enough time for water to escape from the tyre-road interface.

2.3 ROAD SURFACES WITH LOW ROLLING RESISTANCE

2.3.1 DENMARK

In 2011, the Danish government provided funding for the COOEE project¹⁷: CO2 emission reduction by exploitation of rolling resistance modelling of pavements. The challenge was to develop a road pavement with low rolling resistance that still provided other functionalities, such as adequate friction and low noise.

During the project, three stone mastic asphalts (SMA) were laid on three different test sections and the properties of the SMAs were monitored annually. Two asphalt mixtures known as SMA8 COOEE and SMA6 COOEE were optimized with the purpose of reducing their texture depth. Rolling resistance data was collected using the TUG trailer. When compared to a standard 8mm SMA, the SMA6 and SMA8 COOEE mixtures reduced the rolling resistance by approximately 5% and 3%, respectively. However, an increase in texture (MPD) was measured in the third year and the material began to deteriorate through ravelling. The study recommended that the stability and durability of the texture and mixtures needed to be improved, and the influence of the longitudinal profile needed further investigation.

Building on the above research, the Danish Road Directorate (DRD) has continued to develop a surface course known as Climate Friendly Asphalt (KVS) which has been designed to be durable and have low rolling resistance and noise characteristics. The most recent project report¹⁸ describes four different trial sections which were paved in 2018 by four different contractors. The KVS specifications were based on the European product standard for SMA (EN13108-5:2016¹⁹) plus additional features. The main difference is related to the mastic and thickness of the binder coating around the aggregates. This appears to have been achieved through the use of additional filler components, such as limestone filler, hydrated lime and cement. Paving operations were monitored and recorded using temperature control as this has been demonstrated to impact on the functional properties of the finished layer in terms of profile and durability.

In general, the project has shown that KVS asphalt has long lasting texture with reduced rolling resistance and fuel consumption properties. Noise reduction of the KVS surfacing does not differ significantly from a standard 8mm SMA but it is expected to last longer over time due to the enhanced durability and stability of the texture. The following results were reported:

- Rolling resistance reduction reduces with increases in speed and KVS is more effective at low speeds, i.e. 50 km/h.
- KVS has low rolling resistance compared to standard SMA8 and SMA11; on average, KVS has showed a 7% rolling resistance reduction over the term of the study.
- The expected CO2 reductions, averaged over a pavement life span of 17 years, are approximately 1.5% and 1.1%, respectively compared to standard SMA8 and SMA11.

¹⁶ TRL 234 (1996) [Link]

¹⁷ Low rolling resistance pavements in Denmark (2016) [Link]

¹⁸ Climate friendly asphalt (2019), Vejdirektoratet, Carsten Niebuhrs Gade 43, 1577 Copenhagen.

¹⁹ EN 13108-5 (2016) [Link]



 Noise reduction of the KVS is similar to standard SMA8 but it is expected to last longer due to long-lasting properties.

2.3.2 UK

Highways England commissioned a project to evaluate the performance of Low Rolling Resistance Asphalt Mixtures (LRRAM). The study comprised laying the LRRAM along with control materials in road trials in 2019 with a view to improving air quality standards. The LRRAM is described as a newly designed SMA, namely 10 mm SuperCurve, characterised by smaller aggregate size (10 mm) and optimised gradation. Compared to the control used in the trial, namely 14mm SuperHitex, the LRRAM had a higher binder content (6.4%), lower air voids content (4.2% in-situ) and lower texture (1.1mm – volumetric sand patch test).

The TUG trailer was used to evaluate the rolling resistance properties of the two materials. On one site the control had been in service for two years. Measurements of road roughness, macrotexture and skid resistance were collected. A summary of the main outcomes from the testing were:

- The LRRAM produced a lower *Cr* (up to 5.88%) than the newly laid control.
- Both the LRRAM and the control produced lower *Cr* than the 2-year-old control material, up to 11.86% and 15.59%, respectively.
- The LRRAM tested was generally characterised by having a lower macrotexture than the control, which could explain the lower *Cr*. However, the 2-year-old control presented a lower macrotexture than the LRRAM and newly laid control. This suggests that differences in road roughness, e.g. longitudinal profile variance (LPV) at 3m and 10m wavelength, may influence rolling resistance more than macrotexture.
- Results highlighted that low rolling resistance tyre technology might have a larger influence on fuel consumption and air quality improvements than LRRAM.

The report recommended additional monitoring to validate the early results and better understand degradation of rolling resistance properties in service.

2.4 LOWER FUEL CONSUMPTION AND CARBON SAVINGS RELATED TO LOW ROLLING RESISTANCE

Increases in rolling resistance will result in increases in fuel consumption and this will increase exhaust emissions and subsequent air pollution affecting the environment.

According to Mickūnaitis²⁰ the average fuel consumption and CO2 emission of automobiles using diesel are lower than motor cars with petrol engines. However, the latter has some advantages over diesel engines when the amount of CO2 emissions is concerned, i.e., diesel generates 2.7 kg of CO2 per litre and petrol generates 2.4 kg per litre.

A study²¹ that collected data from various trials that investigated the influence of rolling resistance on fuel consumption tentatively concluded that the average influence was 10% for macrotexture, 12% for megatexture, and 8% for unevenness. The studies included various measurement methods, i.e.,

²⁰ Mickūnaitis et al. (2007) [Link]

²¹ Sandberg (1990) [Link]

fuel consumption, trailer, coast-down and drum. The values varied but indicate the influence on fuel consumption when comparing the smoothest road surfaces with the roughest. The study used a simple formula to express the relationship between fuel consumption and rolling resistance:

$\Delta FC = 0.25.\Delta Cr$

Where ΔFC is the change in fuel consumption and ΔCr is the change in rolling resistance coefficient relative to the smoothest and most uneven road surface.

The above equation suggest that if the *Cr* is reduced by 10% then this would result in 2.5% saving in fuel consumption. This compares to calculations carried out by Bridgestone²², that rolling resistance accounts for about one-quarter to one-third of a truck's fuel consumption. So, if rolling resistance decreases by 10% the result is about a 3% decrease in fuel consumption, i.e. $1/4 \times 10\% = 2.5\%$ to $1/3 \times 10\% = 3\%$.

According to US Department of Energy²³, only about 12%–30% of the energy from the fuel you put in a conventional vehicle is used to move it down the road, depending on the drive cycle. The rest of the energy is lost to engine and driveline inefficiencies or used to power accessories. Therefore, the potential to improve fuel efficiency with advanced technologies is enormous. Figure 2-8 shows the vehicle energy flows in an urban driving cycle for a typical gasoline-powered car. The figure is taken from a MIT²⁴ report that concluded that a 30-50% reduction in fuel consumption was feasible over the next 30 years.





It is estimated that conventionally fuelled passenger vehicles use about 4%–7%²⁵ of their fuel to overcome tyre rolling resistance. All-electric passenger vehicles are much more efficient than their gasoline-powered counterparts and only 15 to 20% is lost to the electric drive when compared to the 74% loss for the gasoline engine shown in the figure above. However, approximately 25% of their energy is used for overcoming rolling resistance, and for heavy trucks, this quantity can be as high

²² NACFE, Low rolling resistance tires (2020) [Link]

²³ US Dept of Energy(accessed 2023) [Link]

²⁴ MIT: On the road in 2035 (2008) [Link]

²⁵ Fuel Economy (.gov) (accessed 2023) [Link]

as 30–33%. The reason for these increases is related to vehicle weight and size. The Department of Energy describes rolling resistance as a complex phenomenon and nearly all operating conditions can affect the final outcome. Installing low rolling resistance tyres are recommended and proper tyre inflation is also stressed.

A Danish study in 2010²⁶ conducted a socio-economic analysis of the benefits to be gained by using energy-saving road pavement materials. The study estimated that potential savings in fuel consumption (and hence CO2 emissions) from optimising the pavement with respect to rolling resistance represented a value to society as large as the entire cost of maintaining the pavement. The study considered that the most important rolling resistance factors were the road's texture (MPD) and roughness (IRI), and the socioeconomic analysis focussed on these values. It was also hypothesised that fuel consumption increases by 3% when rolling resistance increases by 10%. The report summary stated that replacing the road pavement on all State roads over a period of 15 years would lead to total socio-economic savings of DKK 1.9 billion, as follows:

- The annual fuel consumption will be reduced by 48 million litres, equivalent to a value of at least DKK 250 million.
- The emission of GHGs will be reduced by 45,000 tonnes of CO2 equivalent annually, which corresponds to DKK 30.5 million.
- NOx and SO2 emissions will be reduced. This corresponds to DKK 28 million.

A paper based on reviewing rolling resistance research and modelling²⁷, highlights that the basic challenge in roughness and texture modelling is to extract useful information from existing road data that is available. The paper suggests that owing to the availability of numerical computing resources, modelling of the tyre-pavement contact zone is advancing but still under development.

A study in the USA²⁸ developed models for estimating the effects of pavement conditions on vehicle operating costs. The research focused on the cost components that are mostly affected by pavement conditions, namely, fuel consumption, repair and maintenance costs, and tyre wear. Large quantities of data were used to calibrate and validate the HDM 4 fuel consumption and tyre wear models²⁹ for conditions in the United States. The study showed that vehicle operating costs increase with pavement roughness for all classes of vehicles. For fuel consumption, the most important factor was surface roughness as measured using IRI. An increase in IRI of 1 m/km increased the fuel consumption of passenger cars by about 2% irrespective of speed. For heavy trucks, this increase was about 1% at normal highway speed (60 mph) and about 2% at low speed (35 mph). Surface texture as measured by MPD and pavement type did not affect the fuel consumption of any vehicle class except for heavy trucks, where an increase in MPD of 1 mm increased fuel consumption by about 1.5% at 55 mph and about 2% at 56 km/h 35 mph.

A more recent study³⁰ investigated whether current rolling resistance models can be used in carbon footprint/ life cycle assessment (LCA) studies. Two case studies were examined that used different models: the University of California Pavement Research Centre (UCPRC) model (using the HDM 4 model mentioned above) and the Swedish National Road and Transport Research Institute (VTI)

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²⁶ NCC Green Road [Link]

²⁷ Anderson *et al.* (2015) [Link]

²⁸ NCHRP 720 (2010) [Link]

²⁹ HDM 4 (2003) [Link]

³⁰ Int J Life Cycle Assess (2017) [Link]

model. The study concluded that the use of the UCPRC and VTI models in the UK should be treated with caution. The models produced different results and were both very sensitive to the level of pavement condition and its deterioration rate. It is stated that for UK roads there is insufficient information available to predict the deterioration of roughness and texture depth over time.

2.5 SAFETY

2.5.1 SKID RESISTANCE

Providing the most appropriate level of skid resistance³¹ is challenging for several reasons owing to changes and developments in road materials, driving behaviour, car technology and the nature of the road environment. However, new surfaces in the UK are generally produced with aggregates that are resistant to polishing and possess a minimum initial texture depth after laying to maintain high-speed skidding resistance. A reduction in texture depth over time is commonly observed, especially in the most heavily trafficked lanes. The UK standards covering skid resistance are briefly summarised below.

In the UK surface course materials for new and maintenance construction on both flexible and rigid pavements must comply with CD 236³². Typically, the selection of coarse aggregate must demonstrate resistance to polishing and an appropriate aggregate PSV must be selected based on relevant site categories and traffic levels. The standard also makes reference to a minimum texture depth which is dependent on the mixture type and location. However, an alternative within the standard includes a material used in Scotland where the performance is based on an in-service low-speed skid resistance requirement.

Once a material is laid on the network it is important for safety reasons that it provides adequate skid resistance. The current UK standard used to determine appropriate levels of skid resistance on the strategic road network is known as CS 228³³. The standard provides the procedure for measuring skid resistance and provides a methodology to assess the requirement for maintenance work where the measured skid resistance falls below a predetermined level. In addition, CS 230³⁴ sets out requirements for reviewing network level data in order to establish whether there is a pavement maintenance need that requires further investigation. The standard specifies a range of sensor measured textured depth (SMTD) that can indicate a potential loss of skid resistance.

2.5.2 SKID RESISTANCE OF LOW ROLLING RESISTANCE SURFACING

The 2018 Danish climate friendly asphalt trials⁸ included the measurement of friction properties using the VIAFRIK machine which uses a fixed slip ratio of 20% between the measuring wheel and speed of travel. The friction coefficient is measured and reported as the mean friction coefficient for each 100m stretch. One trial on the M60 had a friction requirement ($F \ge 0.5$) that was not met. Repeat measurements were made three months after the original but no change was reported and the study report states that the M60 will be water blasted to increase texture depth and elevate friction properties. The average MPD was less than 0.4mm and the lowest recorded during the trials.

³¹ McHale *et al.* (2020) [Link]

³² CD 236: Surface course materials for construction [Link]

³³ CS 228: Skidding resistance [link]

³⁴ CS 230: Pavement maintenance assessment procedure [Link]

The report speculates that construction issues (high temperatures) combined with low air voids in the mixture (1.5%) led to 'free binder' flowing to the surface. The report concludes that the thicker coating of the mortar in the low rolling resistance mixtures makes them more slippery in the beginning compared to standard materials, i.e. the rate of which friction develops to a stable level is longer. It appears that the Danish materials are still being developed with a view to reducing risks of low friction.

UK trials of low rolling resistance⁹ found that they provided lower skid resistance than the control, but both low speed and high speed were within the typical range for newly laid surface courses. The report recommends that the low rolling resistance should be monitored to ensure they meet the national standards described above throughout their expected lifespan.

2.5.3 PARTICULATE EMMISSIONS

According to the US Environment Protection Agency³⁵, particulate matter (PM) is a term for a mixture of solid particles and liquid droplets found in the air. Particle pollution includes:

- PM10 : inhalable particles, with diameters that are generally 10 micrometers and smaller; and
- PM2.5 : fine inhalable particles, with diameters that are generally 2.5 micrometers and smaller.

Examples of PM10 include dust, pollen and mold, which are < 10 μ m, and some are large or dark enough to be seen with the naked eye. Finer particles, such as PM2.5, can only be detected using microscopes and include combustion particles and organic compounds. Some particles less than 10 micrometers can get deep into the lungs and some may even get into the blood stream, and the fine or PM2.5 particles pose the greatest risk to health.

An article published in the Guardian³⁶, claimed that car tyres produce vastly more particle pollution than exhausts. Tyre wear accounts for around 4kg per car per year³⁷ and ultra fine particles can be found in human urine. Potential solutions include reducing wear rates and toxicity of components that go into the construction of tyres, although this may involve considering trade-offs with safety, noise and efficiency.

Research into the effect of tyre wear on noise emission and rolling resistance³⁸ was carried out using the drum method on tyres as the tread was worn from a new condition (8mm) to a 2mm tread depth. The findings showed that rolling resistance reduced from a new unworn tyre to an old worn out tyre by 30%.

Research published in the journal Nature Communications³⁹ concerns the atmospheric transport of microplastic particles produced by road traffic, namely tire wear particles (TWP) and break wear particles (BWP). The research suggests that the light-absorbing properties of TWPs and BWPs may contribute to the accelerated warming of the cryosphere.

³⁵ EPA (Accessed 2023) [Link]

³⁶ Guardian (2022) [Link]

³⁷ Emissions Analytics (Accessed 2023) [Link]

³⁸ Sandberg (2009) [Link]

³⁹ Nature communications [Link]

Researchers from Imperial College⁴⁰ warn that even though electric vehicles remove the problem of fuel emissions, we will continue to have a problem with particulate matter because of tyre wear. The Tyre Collective⁴¹ is a clean-tech company founded in 2020 that has developed technology that uses electrostatics and airflow to attract tyre wear particles ranging from 0.3 to 136 micrometres.

It is widely recognised that tyre wear is affected by surface microtexture¹³. Laboratory drum tests showed an average of 5% more rolling resistance on a sandpaper-like surface compared to a smooth steel surface. However, it should be noted that microtexture is a dominant factor influencing skid resistance at low speed, and research⁴² shows that it also has an important influence at high speeds.

⁴⁰ Imperial College London [Link]

⁴¹ Tyre Collective (accessed 2023) [Link]

⁴² Roe et al. (1998) [link]



DISCUSSION

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3 DISCUSSION

Based on the literature review this section discusses the pros and cons associated with specifying low rolling resistance, including safety issues and the level or scale of reductions in CO2 that may be achievable.

3.1 ADVANTAGES

The literature review clearly shows that rolling resistance has an effect on fuel consumption and hence exhaust emissions, particularly CO2. Any increase in rolling resistance will result in a higher fuel consumption with a corresponding increase in GHG emissions. Road transport is one of the few energy consuming sectors where the emissions are increasing. The MIRIAM project⁵ highlighted that passenger cars in Europe accounted for approximately 12% of all CO2 emissions. It is therefore desirable to specify road pavements with low rolling resistance. However, the challenge is to determine how this can best be accomplished in a cost-beneficial way.

The literature review highlighted that significant future reductions in fuel consumption and GHG emissions are likely to come from more efficient propulsion systems. Examples include advanced technologies such as plug-in hybrids, electric vehicles and the possible use of hydrogen fuel cells. An important caveat is that the production of electricity needs to come from renewable sources.

It is clear that no single development will resolve the growing problem of vehicle fuel consumption and GHG emissions and it is clear that a collective effort from all corners of society is required to identify carbon saving opportunities. Savings in rolling resistance are likely to be comparatively small compared to the energy lost to engine and driveline inefficiencies. Nonetheless, it still represents an important opportunity to reduce fuel consumption, particularly as rolling resistance is seen to increase with the use of heavier electric vehicles.

Much research has been carried out by the tyre industry and this has been driven by the premise that rolling resistance accounts for about 25% to 30% of a vehicle's fuel consumption, dependent on the vehicle type. Popular marketing for low rolling resistance tyres claim they can reduce rolling resistance by 10%, which will result in a 2 to 3% saving in fuel consumption. However, the test for rolling resistance does not accurately mimic the in situ tyre-road interface conditions.

The review covered European research conducted over the last 40 years and the most recent work tends to suggest that rolling resistance measurement and modelling are still in their infancy. It is acknowledged that International standards exist for testing tyres, but they do not consider the tyre-road interaction and do not appear to present a holistic approach. Testing road surfaces to evaluate the tyre-road interaction appears to be extremely challenging owing the properties of the touching surfaces that are constantly changing. As stated earlier, the US Department of Energy describes rolling resistance as a complex phenomenon and nearly all operating conditions can affect the final outcome.

The main approach to quantifying rolling resistance that is related to pavement type and condition is to develop a model that can forecast the reduction of CO2 emitted by vehicles. These models utilise existing data on the surface profile which contains a range of texture wavelengths. Figure 3-1

summarises work developed by PIARC⁴³ and others⁴⁴ on how certain texture wavelengths will affect features such as rolling resistance, skid resistance, noise, riding comfort, tyre wear, water splash and spray. The figure illustrates the complexity of optimising the surface profile for a road across the texture wavelength range. For example, it can be seen that reducing texture amplitudes for rolling resistance will also be beneficial for noise generation but could potentially be detrimental to certain aspects of skid resistance, such as drainage and spray reduction. Similarly, it can be seen that a reduction in microtexture would be beneficial for tyre wear and particulate emissions but from a road safety perspective microtexture is required for both low and high-speed skid resistance.



Figure 3-1 - Effects of surface texture for different texture wavelengths

Models have been developed to forecast the amount of CO2 emitted by vehicle rolling resistance in relation to pavement type and condition. However, studies have shown that they can produce different results and are sensitive to the level of the pavement condition and its deterioration rate.

Road trials and rolling resistance measurements indicate that low rolling resistance tyres have a significant influence on reducing rolling resistance, which is then followed by road roughness, particularly in the megatexture range (50-500mm). Trials in Denmark have configured mixtures that possess a thicker coating of mortar with low macrotexture (average MPD = 0.5mm). However,

⁴³ PIARC, Surface Characteristics (1987) [Link]

⁴⁴ TRL Report PPR443 (2010) [Link]

construction quality was also closely monitored with a view to producing a smooth or even surface with low roughness or IRI values.

In general, low rolling resistance pavements are likely to reduce tyre wear and particulate emissions. However, the review suggests that other measures will be more effective, such as technology that attracts tyre wear particles, and legislative controls to ensure low rolling resistance tyres do not comprise toxic components.

3.2 DISADVANTAGES

The literature review suggests that the advantages of rolling resistance far outweigh the disadvantages. As well as reducing fuel consumption and GHG emissions, it is likely that low rolling resistance pavements will be smoother, which bring additional benefits, such as: improved longevity or durability; less wear and tear on vehicles; reduced maintenance costs; and provide a more comfortable ride for road users.

Nonetheless, a fine balance needs to be struck to ensure that pavements are safe for all road users, particularly under wet conditions. It is essential that pavement surfaces provide adequate friction so that drivers can brake and manoeuvre safely when the conditions demand it. In optimizing texture amplitudes for rolling resistance (see Figure 3-1), care needs to be taken that textures important to skid resistance are not compromised, such as drainage for high-speed skidding resistance, and minimizing splash and spray.



SUMMARY

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4 SUMMARY

4.1 MAIN FINDINGS

In 2021, Scotland's largest source of net emissions was from domestic transport at 10.9 MtCO2e, which excluded International Aviation and Shipping⁴⁵. This represents 26% of total net greenhouse gas emissions allocated to Scotland. The Scottish Government is therefore keen to explore carbon saving opportunities associated with the transport sector. This desktop study searched for information on rolling resistance and how it affects vehicle fuel consumption and CO2 emissions. The main findings of the literature review are as follows:

- The primary causes of rolling resistance are thought to be associated with deformations of the tyre and pavement. These deformations result in energy losses that are dissipated in the form of heat during the rotation of a wheel.
- The coefficient of rolling resistance (*Cr*) provides an indication of how great the rolling resistance is for a given weight between the wheel and the surface upon which it is rolling. Determining the value *Cr* is complex, particularly in a road environment where the properties of the touching surfaces are constantly changing.
- The measurement of rolling resistance is difficult and requires the use of specialist equipment that needs to be operated by skilled and experienced staff. Measurement methods identified, include the following:
 - Laboratory drum method;
 - Trailer method;
 - Coast-down method; and
 - Fuel consumption method.
- A review of papers on measurement methods suggested that they are still in their infancy and under development. Standards exist for testing tyres but they are viewed to have serious drawbacks as they do not consider the fact that rolling resistance is dependent on a tyre-road interaction.
- It is often difficult to separate the influences of the tyre and the pavement, but the relative contribution of the tyre to reducing rolling resistance appears to be more significant than what can be achieved through changes to the road pavement.
- The main surface-related factor that influenced *Cr* in a major study was surface profile irregularities in a wavelength range between macrotexture and unevenness, namely megatexture, i.e. 50 mm < wavelengths < 500 mm. A study that collected data from various trials that investigated the influence of rolling resistance on fuel consumption tentatively concluded that the average influence was 10% for macrotexture, 12% for megatexture, and 8% for unevenness.</p>
- Concrete pavements are likely to provide lower rolling resistance than asphalt pavements owing to their high stiffness. However, one study concluded that optimizing the texture of the surface would be more cost-beneficial than reconstructing pavements to increase stiffness.

⁴⁵ Scottish Greenhouse Gas Statistics 2021 [link]

- One of the main factors affecting rolling resistance is the ambient air temperature as it affects both the tyres and pavement; the presence of water or snow on the surface increases rolling resistance.
- Trials to develop mixtures that reduce rolling resistance have shown that they can reduce rolling resistance by around 5 to 6%, which roughly translates to 1.5% saving in fuel consumption. However, further monitoring is required to validate results and better understand the degradation of *Cr* in service.
- Most of the studies use a simple formula to express the relationship between fuel consumption and rolling resistance. The formula assumes that rolling resistance accounts for about one-quarter of a vehicle's fuel consumption.
- Studies in the USA estimate that the fuel required to overcome rolling resistance varies dependent on the vehicle type, drivetrain and weight and can vary between 4% to 33%.
- One socio-economic study estimated savings in fuel consumption over 15 years as large as the entire cost of maintaining the pavement. The study modelled savings in rolling friction using reduced texture (MPD) and roughness (IRI) values. However, other studies cast caution on this type of approach as it is very sensitive to the level of pavement condition and its deterioration rate over time.
- Road trials in Denmark highlight that low rolling resistance mixtures can be more slippery in the beginning compared to standard materials and they need to be monitored to ensure adequate friction is being provided.
- Research into particulate emissions indicate that tyre wear is of particular concern and work is ongoing to reduce wear rates and the toxicity of components that go into tyre construction.
- From a pavement perspective, tyre wear is affected by the level of microtexture provided by the surface aggregate. Although there may be scope to reduce the level of microstructure, a fine balance needs to be struck to ensure that pavements are safe for all road users, particularly under wet conditions.

4.2 **RECOMMENDATIONS**

The literature review shows that it is desirable to specify roads that have a low rolling resistance. Road pavements that possess a low rolling resistance will result in a lower fuel consumption, with a corresponding decrease in GHG emissions. The review highlighted that the properties of pavement are likely to play a relatively minor role when compared to other initiatives such as new vehicle propulsion systems and advances in tyre technology. As stated above, measuring the rolling resistance coefficient (Cr) is challenging but it is clear that it is related to the smoothness of a pavement. The latter is also likely to bring additional benefits, such as: improved longevity or durability; less wear and tear on vehicles; reduced maintenance costs; and provide a more comfortable ride for road users.

With a view to reducing the rolling resistance of roads the following recommendations are made:

- In association with the road industry, explore how materials in combination with construction and maintenance techniques could be used to optimize the profile of the road surface, particularly in terms of the level of macrotexture, megatexture and unevenness.
- A road trial should be considered to:

- Investigate the potential to create a smooth profile utilising low rolling resistance materials and machine control systems, e.g. stringless 3D paver control.
- Study the texture wavelengths that improve ride quality and consider measuring *Cr* based on the trailer method.
- It is important to monitor the trials to determine any degradation in profile (or *Cr*) as this is required for future modelling purposes.

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